

December

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1, SR 3 7:00PM-9:00PM	3 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2 6:30PM-8:30PM SR 4 7:00PM-9:00PM	4 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1, SR 3 7:00PM-9:00PM	5 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2 6:30PM-8:30PM SR 4 7:00PM-9:00PM	6	7
8 NV SHOWCASE *ALL TEAMS*	9 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1, SR 3 7:00PM-9:00PM	10 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2 6:30PM-8:30PM SR 4 7:00PM-9:00PM	11 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1, SR 3 7:00PM-9:00PM	12 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2 6:30PM-8:30PM SR 4 7:00PM-9:00PM	13	14
15	16 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1, SR 3 7:00PM-9:00PM	17 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2 6:30PM-8:30PM SR 4 7:00PM-9:00PM	18 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1, SR 3 7:00PM-9:00PM	19 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2 6:30PM-8:30PM SR 4 7:00PM-9:00PM	20	21
22	23 GYM CLOSED	24 GYM CLOSED	25 GYM CLOSED	26 GYM CLOSED	27 GYM CLOSED	28 GYM CLOSED
29 GYM CLOSED	30 GYM CLOSED	31 GYM CLOSED				

January

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 GYM CLOSED	2 GYM CLOSED	3 GYM CLOSED	4
5	6 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	7 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	8 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	9 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	10	11 ALOHA PORTLAND *JR/SR TEAMS*
12 ALOHA PORTLAND *JR/SR TEAMS*	13 MINI MILITIA, YOUTH 1 5:30PM-7:30PM NO SR 1, SR 3	14 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	15 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	16 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	17	18
19	20 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	21 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	22 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	23 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	24 ATC SEATTLE *Mini Venom and Commanders compete Friday ONLY*	25 ATC SEATTLE *ALL TEAMS*
26 ATC SEATTLE *ALL TEAMS*	27 NO TEAM PRACTICES	28 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	29 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	30 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	31	

February

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	4 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	5 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	6 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	7	8 ASC TACOMA *ALL TEAMS* <i>*Mini Venom & Commanders will compete Saturday only*</i>
9 ASC TACOMA *ALL TEAMS*	10 NO TEAM PRACTICES	11 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	12 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	13 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	14	15
16	17 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	18 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	19 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	20 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	21	22 WORLD CHEER CO BELLEVUE *ALL TEAMS* <i>*Mini Venom & Commanders will compete Saturday only*</i>
23 WORLD CHEER CO BELLEVUE *ALL TEAMS*	24 NO TEAM PRACTICES	25 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	26 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	27 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	28	

March

Practice schedule from the 17th-20th is open to change as we will make sure all Jr/Sr teams will have 2 practices before USA Nationals!

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 PACWEST PORTLAND *JR/SR TEAMS*
2 PACWEST PORTLAND *JR/SR TEAMS*	3 MINI MILITIA, YOUTH 1 5:30PM-7:30PM NO SR 1, SR 3	4 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	5 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	6 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	7	8
9	10 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	11 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	12 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	13 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	14	15 THE SPIRIT NETWORK TACOMA *MINI/YOUTH TEAMS*
16 THE SPIRIT NETWORK TACOMA *MINI MILITIA*	17 NO MINI/YOUTH SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	18 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	19 PRACTICES TBD	20 MINI VENOM 5:30PM-7:00PM	21 USA NATIONALS LA *JR/SR TEAMS*	22 USA NATIONALS LA *JR/SR TEAMS*
23 USA NATIONALS LA *JR/SR TEAMS*	24 MINI MILITIA, YOUTH 1 5:30PM-7:30PM NO SR 1, SR 3	25 MINI VENOM 5:30PM-7:00PM NO JR 1, JR 2, SR 4	26 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	27 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	28	29

April

The gym will be closed from April 7th-April 12th for Spring Break!
 Mini Venom, Mini Militia, and Commanders season will be done after Sea to Sky!
 We will send out an updated calendar at the beginning of the month with a practice schedule for all Jr/Sr Teams that receive a bid to Summit (May 1-4 Orlando, FL)! Practices will take place between Sundays-Thursdays! Days/Times TBD!

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH 30	MARCH 31 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	1 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	2 MINI MILITIA, YOUTH 1 5:30PM-7:30PM SR 1 6:30PM-9:00PM SR 3 7:00PM-9:00PM	3 MINI VENOM 5:30PM-7:00PM JR 1 5:30PM-7:30PM JR 2, SR 4 7:00PM-9:00PM	4	5 SEA TO SKY VANCOUVER BC *ALL TEAMS* <small>*Mini Venom & Commanders will most likely compete Saturday only*</small>
6 SEA TO SKY VANCOUVER BC *ALL TEAMS*	7 GYM CLOSED	8 GYM CLOSED	9 GYM CLOSED	10 GYM CLOSED	11 GYM CLOSED	12 GYM CLOSED
13 PRACTICES TBD	14 PRACTICES TBD	15 PRACTICES TBD	16 PRACTICES TBD	17 PRACTICES TBD	18	19
20 PRACTICES TBD	21 PRACTICES TBD	22 PRACTICES TBD	23 PRACTICES TBD	24 PRACTICES TBD	25	26
27 PRACTICES TBD	28 PRACTICES TBD	29 PRACTICES TBD	30 PRACTICES TBD			