

Natural Venom All Stars



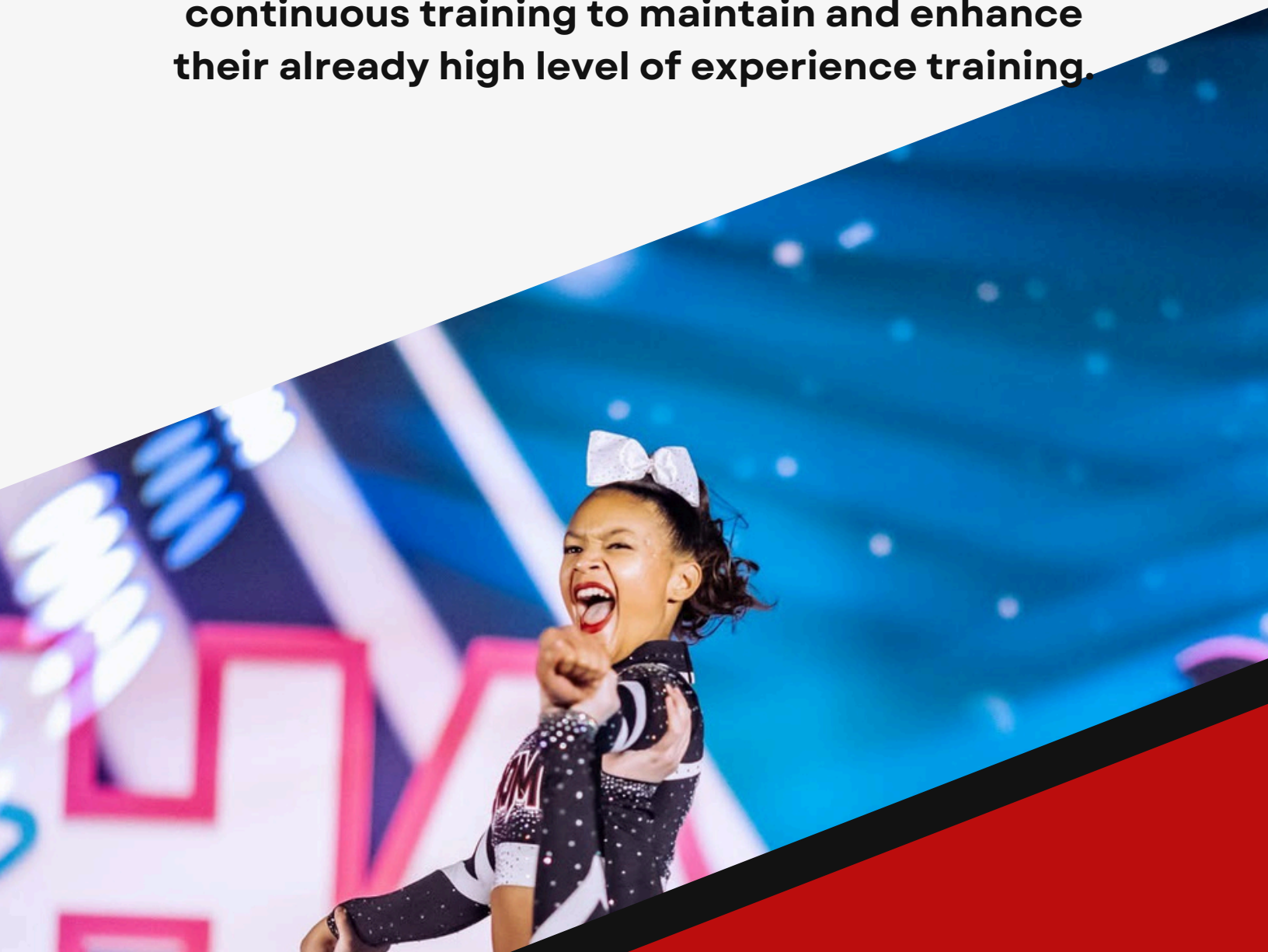
2025-2026
Informational Packet



www.naturalvenomallstars.com

Join the Venom Army!

The Natural Venom staff has put together the following informational packet for each family to understand the financial and time commitment it takes to be a part of our elite competitive program. At Natural Venom, safety is our top priority. All of our coaches are USASF (United States All Star Federation) certified, USASF Professional Members and First Aid/CPR trained. In addition, our coaches undergo continuous training to maintain and enhance their already high level of experience training.





We set our standards high to make sure each athlete is put on a team where their skills will match the rest of the team and to make sure each team is set up to have a successful season. The athletes who perform ALL the required skills with EXCEPTIONAL technique will be placed at the appropriate level first. After creating the teams with those athletes, we will then start placing other athletes on the team that may not have every skill at that level.

Please keep in mind there will always be exceptions to team placement guidelines. We ask in advance for your trust that the coaching staff will create a successful environment for the athletes, the teams, and the program as a whole.

Our full year competition teams are for athletes ages 5 & up! Our novice/prep half year team for ages 3-18 will start in the fall. Information for our prep program will be sent out and posted late Summer.



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Important Summer Dates

July 18-21

Technique Camp for
Elite teams

Aug 19-21

Technique Camp- Prep

Aug 14-24th

Choreography for
Elite Teams

Sept 20-21

Choreography Prep teams

- **Technique camp and Choreography are MANDATORY**
- **Elite/Prep Teams will be at each day of camp**
- **Choreo schedule will be out soon, as each team will not be in every day!**

If your athlete wishes to return to Natural Venom in the future, he/she is required to complete the full summer of training starting with the first week of practices.

ATHLETES WILL NOT BE PERMITTED TO RETURN TO A TEAM IF THEY CHOOSE TO "TAKE THE SUMMER OFF!!"

We will continue to uphold this policy in the interest of fairness to all of the athletes, parents and coaches who work hard to develop skills and teamwork over the summer.

Please note: We WILL accept NEW athletes into the program throughout the summer from outside of the gym, including athletes who move into the area or did not know about Natural Venom at tryout time.

Competitive cheerleading is a YEAR ROUND commitment. If taking the summer off and resuming cheerleading in the fall is a better option for you, please ask us for more information about our tumbling classes and/or half year program.

Gym Closures:

The gym will be closed the following dates for holidays and breaks

- **May 23–26th: Memorial Day Break**
- **July 1–6th: Holiday Break**
- **July 23–Jul 27th: Summer Break**
- **Aug 27–Sept 2nd Back to School break**
- **Nov 26–30th: Thanksgiving Break**
- **Dec 19th– Jan 2nd– Christmas Break**

Competition Season Practices:

Every team will be practicing 2x a week for 90-120 min each. Practice days will be determined after placements and will be sent out with your team assignment. From the months of Sept-Nov teams will have an additional Sunday afternoon practice day!



The Natural Venom competition season officially starts IN THE GYM with skills, choreography camps as well as regular practices. Aug, Sept, Oct, and Nov are some of the MOST IMPORTANT months since this is when we fine tune routines, create stunt sequences, set goals and PREPARE our teams for competition. Keep in mind that although parents/supporters may not see the routines until much closer to the actual competition days, OUR season for athletes and coaches starts long before anyone else sees the finished product. This can only happen with 100% commitment by all athletes and parents.

If your athlete has continued unexcused absences they will be taken out of the routine. ANY unexcused absences will be charged a \$25 fee for each absence.

All planned absences must be submitted 2 weeks in advance online or they will be unexcused.

*All athletes and parents will be asked to sign a attendance form that they understand our policies and procedures.

If your child has an injury or becomes injured, they must submit a doctor's note detailing the nature of their injury, restrictions and the time of recovery recommended. If an athlete is injured, they must still attend practice, although they may sit out of some or all activities in accordance to doctors orders. We cannot guarantee your athlete will be in the same spot in the routine upon their return from an injury.



25-26 Competition Schedule

- Please note this is a **TENTATIVE** Schedule. We will NOT BE ATTENDING EVERY ONE OF THESE EVENTS! These are one we are considering. We will send out final competition dates by Sept 1, 2025 * subject to change based on final competition dates

- Prep teams will not travel by air. Those teams will attend 4-6 events.
- Elite teams will be required to travel 1-2 times by air including end of season events.

December 7th OR 14th- Showcase

January 10-11th- Portland, OR

January 23-25th- Seattle, WA

February 7-8th- Tacoma, WA

February 21-22nd- Bellevue, WA

February 27- Mar 1st- Houston, TX

February 28 - March 1st- Portland, OR

March 14-15th- Anaheim, CA

March- TBD- Charlotte, NC

Mar 28-29th- Bellevue, WA

April TBD- Vancouver, Ca

April TBD- Tacoma, WA

End of Season potential events- US

Finals, Regional Summit, The Summit,

ASW- Champions League

Dates/Locations- TBD

Policies & Procedures



ACTIVITIES & EXTRA CURRICULAR SPORTS:

If your child chooses to participate in other activities/sports, we require that Natural Venom All Stars be their first priority. When there is a conflict, it needs to be communicated immediately to the coach(es), in order to come up with a solution.

WITHHOLDING CHEER AS A PUNISHMENT:

Natural Venom All Star families must agree to not withhold participation as a punishment tool, as they would use, "taking away television or internet", or "not going out with friends". This is because every member of a team depends on every member's participation. Natural Venom All Stars is committed to working with parents in order to handle scholastic and behavior problems. A parent withholding participation, as punishment not only punishes their child, they also punish all the other children on their team. We do respect that a parent has the right to discipline their own child, but they do not have the right to punish the other children and families who have worked hard and invested their time and money.



Venom 24'

SOCIAL MEDIA POLICY

Natural Venom's handbook does apply to cyberspace & the internet. If it's not something you would say or do at Natural Venom, it should not be on your site in association with Natural Venom. Breaking any rule/policy "on the internet" will be treated the same as a violation "in person." We will monitor all social media sites to ensure our name is being represented in a positive manner.

GYM DRESS CODE

Practice clothes must be worn to all team practices, including a practice bow for all female participants. If athlete fails to abide by the dress code a \$5 fee will be assessed. (i.e. forgetting to wear bow or bring shoes)

- *no jewelry and/or gum permitted in practice area
- *cheer shoes must be worn in the gym (clean soles only, do not wear cheer shoes outside)
- *long hair must be pulled a up in a bow
- fingernails must be kept short
- *no offensive attire
- *Not following gym dress code may result in conditioning for your athlete or for their team and a monetary fee.



CROSSOVER TEAMS

A crossover is when a member is on more than one team. They must be the appropriate age for both teams' divisions. Crossovers will be assigned by coaches as necessary. **Crossovers pay an additional \$70/month for competition fees.**

ADD/MOVE MEMBERS TO DIFFERENT TEAM

Natural Venom may add/move athletes to different teams at any time during the season if we determine it is in the athlete's and/or teams best interest. If we determine that a team member is no longer "pulling their weight" and/or "attendance issues" are hurting their team as a whole, that team member will be moved. Conversely if a team member is doing exceptionally well, they may be moved to a different team also.

EARLY TERMINATION

Natural Venom All Stars is both a time & financial commitment. Someone quitting midseason causes multiple problems for the team. When someone quits, instead of them spending their practice time on improving, time is spent re-working the routines. It is a severe setback & hardship for everyone that has worked hard and is fulfilling their commitment.

In addition, in order to maintain the integrity of our teams, all athletes who decide to quit the program (or are dismissed for any reason) after choreography is complete will incur a \$500 withdrawal fee. You also must pay any outstanding balance. (i.e. uniforms, camp gear, etc.)



EXCUSABLE ABSENCES

1. FAMILY EMERGENCY/DEATH IN THE FAMILY. If you have an emergency situation that arises suddenly, please notify us of your child's absence as soon as possible to allow us the most time possible prior to their practice time(s).

2. SCHOOL EVENTS that affect your child's grade in a class **CANNOT BE RE-SCHEDULED OR MADE UP** in another way. This does not include studying. Please note that your athlete's schedule and homework are no more or less important than those of their teammates. Every athlete at Natural Venom has homework and school projects that are both planned ahead for and that come up unexpectedly. Missing practice to do schoolwork is not acceptable or fair to other athletes. It is your child's responsibility to learn time management. They must **PLAN** their study times around practice times.

3. SERIOUS ILLNESS If your child is actively throwing up or seriously contagious, we do not want them to participate in practice. Please notify us no later than 2pm the day of practice if your child is seriously ill. In some cases we will request that your athlete attends practice and sit on the side. Only in extreme cases will your child be excused and we will usually request a doctor's note.

***Please note:** Excessively or dishonestly using "sickness" as a reason to get excused from practice will not be tolerated and will be grounds for dismissal from the program.

4. FAMILY VACATION* Family vacations/trips out of town will be excused in May, June & July.

***Family Vacations/Out of Town trips** during competition season (August-April) could adversely affect your child's position in a routine and/or their opportunity to participate altogether.

Please see your coach directly if you have a previously scheduled conflict during these months.



NON-EXCUSABLE ABSENCES

***WILL RESULT IN \$25 FINE**



- *Studying/School projects
- *Back to School Night or Parent/teacher conferences
- *Using practice as Punishment for your child
 - *Work (parents or athlete)
 - *Lack of transportation
- *Activities with friends/ birthday
- *Family visiting in town/family activities
- *Voluntary school events such as a talent show, powder puff football, etc.
- *Anything that does not fall under the "excusable reasons to miss practice"

**If your child has an unexcused absence during the two weeks before a competition, that is grounds for removal of the athlete from the competition routine for a minimum of 1-2 competitions. If this occurs we MAY or MAY NOT work the athlete back into the routine, depending on what is best for the entire team. Competition fees that we pay for your child will be applied to their replacement for those competitions.

*Absence request form may be filled out online. This form must be submitted online 2 weeks before requested absence. Please note not all absences will be granted.

Financial Commitment

> - Tuition fee due on the 1st of the month, Comp/Travel and gear fees due on the 15th of each month.

-Monthly fees includes:
Gym fees, Coaches fees, competition, routine music, skills camp, choreography, guest Coaches fees.

*Please contact our offices about sibling discounts



Financial Policies:

If your cheerleader quits or is removed from Natural Venom for any reason, all monies paid are non-refundable including but not limited to try-out fee, tuition, travel fees, clothing fees, etc.

Competition/National Fees:

If an athlete is injured or has to be removed from the routine for any reason, all competition fees paid on their behalf is non-refundable. Competition fees pay for a position on the mat, and if your athlete is unable to fill that position, the competition entry fees, having already been paid, will be reallocated to the athlete that steps into that position. This includes both local and travel competitions.

Monthly Costs

*Full year Prep program

*90 minute practices tuition will be \$125, 120 minute practices \$155

Month	Tuition	Comp Fees	Gear
May	\$75 registration fee \$85 after May 1		
June	\$125/\$155	\$215- includes camp & choreo	\$70- Practice Wear
July	\$125/\$155	\$215- includes camp & choreo	
August	\$125/\$155	\$215 includes camp & choreo	
September	\$125/\$155	\$215 includes camp & choreo	\$250 Uniform Deposit
October	\$125/\$155	\$115	\$50 Bows, \$49 USASF membership
November	\$125/\$155	\$115	\$250 Final Uniform Payment
December	\$125/\$155	\$115	
January	\$125/\$155	\$115	
February	\$125/\$155	\$115	
March	\$125/\$155	\$115	
April	\$125/\$155	\$115	



Monthly Costs

*Elite Teams

Tiny, mini and youth elite will not pay travel event fees or end of season event gear

Month	Tuition	Comp Fees	Gear
May	\$75 registration fee		
June	\$155	\$310 includes camp & choreo	\$65- Practice Wear
July	\$155	\$310 includes camp & choreo	
August	\$155	\$310 includes camp & choreo	
September	\$155	\$310 includes camp & choreo	\$250 Uniform Deposit
October	\$155	\$160	\$50 Bows, \$49 USASF membership
November	\$155	\$160	\$250 Final Uniform Payment
December	\$155	\$160	
January	\$155	\$160	Travel Event- \$200
February	\$155	\$160	Travel Event- \$200
March	\$155	\$160	\$50 End of Season Event Gear
April	\$155	\$160	



NEW ***THE 25-26 SEASON***

- Full year Elite and Prep teams for Mini-Senior Age
- Mandatory Stretching class for all Top Girls
- Technique Camp- a specialized camp to stress the importance of synchronization and cleanliness across the board.
- New more exciting events to attend during competition season.
- NEW Innovative Choreographer for our elite teams with multiple worlds and summit winning routines.
- Unexcused absences on teams will result in \$25 fee that must be paid to return to practice.



End of Season Events

⊕ *Teams must receive a bid to attend

☑ Cost: \$275 includes all Coaches fees.

All participants will be responsible for registering and paying for their athlete registration through the Varsity/USASF portal and their own travel and hotel fees. Price differs per event approx. \$400-\$500.



Welcome To The Venom Army

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